

University Students Against Cancer



USAC News



University of Michigan

Volume 17, Issue 1

September 12/20, 2006

Welcome to the first USAC club meeting of the 2006-2007 academic year!

Each year, the American Cancer Society publishes statistics describing the staggering number of individuals affected by cancer each year, and chances are, everyone in this room knows someone who has been affected by cancer. Our goal is clear, work in the fight against cancer. While USAC organizes many diverse activities on and around campus, we always work to fulfill our motto of "Learn to Live. Live to Save".

As a USAC member, you will have the chance to work towards this goal by volunteering at events, planning USAC activities, and helping spread cancer awareness...the opportunities are endless!

Thank you for joining us, I am looking forward to working and volunteering with you this year. As always, feel free to contact me or any other board member directly.

I am confident that this will be another great year for USAC's new and returning members.

Sincerely,
Kathryn Blake
USAC President

Upcoming Events

Leukemia and Lymphoma Society Bar Night, Sunday, September 17, 7-11pm. 10% of purchases go towards the Leukemia and Lymphoma Society when you provide an events flyer. An events ticket must be provided. E-mail David Guzman for more information and to get an events flyer: david.j.guzman@gmail.com

Light the Night Walk, Friday, September 29 7-9pm at Gallup Park to benefit the Lymphoma and Leukemia Society. Talk to Mitchell (Athletic Committee) for more details.

Breast Cancer Awareness Diag Day, Thursday, October 5. Talk to the Breast Cancer Awareness committee for more information.

Making Strides Against Breast Cancer, Saturday, October 14, 9am starting at Michigan Stadium. Find the Breast Cancer Awareness committee to learn how to register.



Meet the Officers!

- ☺ **President**
Kathryn Blake
Senior
Major: Biopsychology,
Pre-med
Hometown: Troy, MI
- ☺ **Vice President**
Jenny Huang
Senior
Major: MCDB and
Anthro-zoology
Hometown: Troy, MI
- ☺ **Treasurer**
Meghan Beach
Junior
Major: Sociology
Hometown: Grosse Pointe,
MI
- ☺ **Secretary**
Kelsey Collins
Junior
Major: Psychology and
Criminal Justice
Hometown: Rochester
Hills, MI

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USAC COMMITTEES

ATHLETIC COMMITTEE: Mitchell

The Athletic Committee is looking to do more fundraisers and events than ever before this year. First on our list is the Leukemia and Lymphoma Society's Light the Night walk. This event will be held on Friday, September 29 at 7:00-9:00 PM. This is a great way to raise money to benefit the Society's efforts to find cures for leukemia, lymphoma, Hodgkin's disease and myeloma, and to provide education and services for patients with these diseases and their families. More information will be provided at our mass meeting.

We will also be taking part of the American Cancer Society's Relay For Life. This is a fun-filled overnight event designed to celebrate survivorship and raise money to help the American Cancer Society save lives, help those who have been touched by cancer, and empower individuals to fight back against the disease. Relay For Life will be held in early April. More information on this event will come in the near future.

If anyone is interested in running, walking, cycling, or skating marathons, half-marathons, or triathlons, please come see me. I can help you get registered for the Leukemia and Lymphoma Society's Team in Training or just answer any questions you might have.

BREAST CANCER AWARENESS: Laura, Laurie, Samantha

As one of the earlier events in USAC, the biggest focus for the BCA committee is the 2.5 mile Making Strides Walk in October, kicking off at the Big House. This is an easy and not so time-consuming way to get involved early with USAC before everyone gets too busy with exams later on in the semester.

CANCER AWARENESS WEEK: Melissa, Katherine, Lexie, Shelly

Cancer Awareness Week is an annual week-long spring event dedicated to promoting awareness and raising money for several charity funds. Events in the past have included a bar night, restaurant day, fashion show, candlelight vigil, band night, bone marrow drive, an art exhibit and a Diag day. Sub-chairs are appointed to head each event, helping us to better organize and publicize the week-long festivities. Interviews for CAW sub-chair positions will begin in October.

C.H.E.E.R.S./SUNSHINE: Katie, Emily

CHEERS stands for Caring, Hope, Encouragement, Education, Remembrance, and Support. This aspect of the committee is meant to be a source of inspiration and support for people to provide positive news and messages to fellow club members. The Sunshine facet of the committee aims to create arts and crafts to bring "sunshine" to lives of adult cancer patients. It is while making the arts and crafts that members from the USAC club come together to socialize and share each others experiences. We meet after every mass meeting and are always welcoming new members to come join us!

EDUCATION OUTREACH: Chelsea

Our goal is to educate and spread awareness about cancer to both the USAC and the U of M community which will be accomplished through events like Speaker Series, mass meeting activities, and more to come. We are very excited about expanding the committee this year and increasing the amount of participation in events.

ELEMENTARY OUTREACH: Alena, Ashlea

The aim of this committee is to educate elementary students about the harmful effects of tobacco use, as well as the severity of lung and skin cancers. It is extremely crucial to instill in youths the importance of leading a healthy lifestyle as children and then carry that mentality with them through adulthood.

We will be visiting elementary schools around the city of Ann Arbor a few times a month. Once there, we will raise awareness about lung cancer from tobacco use and skin cancer by playing fun, interactive games. In past years the kids have been very receptive of our visits and anxious for your return.

FUNDRAISING: Kyle, Jing Jing

The Fundraising Committee is dedicated to raising money for overall operations in USAC as well as supporting the other USAC committees financially. We organize events such as restaurant nights, Meal Sacrifice, and Crisler Arena cleanup. Additionally, we strive to brainstorm new and innovative ideas to fundraise.

One new idea that we are currently working on is to create a USAC Discount Card, where we collaborate with local Ann Arbor businesses to obtain discounts for USAC Discount Card holders. Then, we will compile a list of these discounts into a card and sell these cards to USAC members. We are very excited about this discount card promotion as USAC can benefit twofold by gaining revenue in addition to providing USAC members with valuable discounts. Upcoming events include the Crisler Arena cleanup for the Iowa game on October 21st.

HISTORIAN: Jessica

The goal of the historian is to collect pictures from all of our events throughout the year. The pictures will be used to put together a scrapbook which is helpful in recruiting new members, so they can better understand our events and our purpose. If you have any pictures from a USAC event or meeting, please contact or send them as an attachment to Jessica Petrella (jessp@umich.edu).

LOCKS OF LOVE: Rebecca

Our goal for this year is to bring awareness throughout the U of M campus regarding the Locks of Love charity. We are also hoping to fundraise for the national level of Locks of Love. We want to build on the foundation set last year, figure out new ways and new ideas to spread awareness about our cause, and get more people interested and excited to grow and donate their hair. Hair to be donated must be at least 10" or longer and free from chemical damage.

LUNGevity: Yelena, Jeff, KK

This committee's goal is to work with doctors, students, and the Ann Arbor community to spread awareness of lung cancer and raise money to fund research. Our committee's main event is a walk-a-thon in April which raised over \$25,000 last year and will be even bigger and better this year.

RONALD MCDONALD HOUSE: Jeff, Kate

About twice each month, the Ronald McDonald co-chairs take four other USAC members to help cook a delicious meal for the residents of the house. After dinner, you will also have an opportunity to speak to the residents of the house.

SKIN CANCER AWARENESS: Nour, Kory

The Skin Cancer Awareness committee's main event is "Don't Get Burned at Break" which takes place the week before U-M students hit the beaches for spring break. We strive to bring awareness about skin cancer through a Diag day, which involves distributing informative brochures and sun screen samples. We also plan to have a very informative and fun speaker within the month of February before Spring Break.

SMOKEOUT: Alana, Christine

Our committee's goal is to educate students about the dangers of smoking and lung cancer and support smokers in an effort to quit. Our main event is the Great American Smokeout, a diag day in mid-November at which we distribute quit kits and ask smokers to sign contracts to quit for one day. This year we are looking to expand on campus, providing support and healthy stress-relief alternatives to student smokers, especially around finals time.

BOARD CONTACT INFO

EXEC BOARD

Kathryn Blake, krlake, President
Jenny Huang, jenyh, Vice President
Meghan Beach, beachme, Treasurer
Kelsey Collins, kelslynn, Secretary

ATHLETIC COMMITTEE

Mitchell Zoerhoff, zoerhoff

BREAST CANCER AWARENESS

Laura Bourdon, lbourdon
Laurie Ortega, laurtega
Samantha Starr, samastar

CANCER AWARENESS WEEK

Melissa Beglin, mbeglin
Katherine McMahan, mckather
Lexie Mitter, amitter
Shelly Weiss, shellmw

C.H.E.E.R.S./SUNSHINE

Katie Caretti, caretta
Emily Parus, eparus

EDUCATION OUTREACH

Chelsea Ams, clams

ELEMENTARY OUTREACH

Alena Smalligan, alenaks
Ashlea Surles, ajsurles

FUNDRAISING

Kyle Davis, kyday
Jing Jing Wang, jsquare

HISTORIAN

Jessica Petrella, jessp

LOCKS OF LOVE

Rebecca Runge, rungera

LUNGevity

Yelena Adelman, yelz
Jeff Cheek, cheek
KK Schmier, schmier

NEWSLETTER

Mark Hodges, hodgesm

RONALD MCDONALD HOUSE

Jeff Tosoian, jtosoian
Kate Zahn, kmzahn

SKIN CANCER AWARENESS

Nour Abdul-baki, nour
Kory West, kowest

SMOKEOUT

Alana Otto, alanako
Christine Rickard, rickardc

There are two openings on the USAC board for this year. If you are a returning member and are interested in applying for an open board position, please contact usacexecboard0607@umich.edu Please include a short paragraph discussing your interest in the open position of your choice. (Open positions include: Locks of Love and Education Outreach)

USAC QUICK FACTS

MONTHLY MEETING DATES

9/12/06 Parker Rm, Union, 8pm
9/20/06 Anderson Rm, Union, 8pm
10/11/06 Wolverine Rm, Union, 8pm
11/8/06 Anderson Rm, Union, 8pm
12/12/06 Pond Rm, Union, 8pm

Check out the USAC website:
www.umich.edu/~usac/
To find out more about our
committees and events

