



USAC NEWS

University Students Against Cancer

University of Michigan

Volume 1, Issue 1

September 19th/25th, 2007

A few words from our President...

WELCOME to the first mass meeting of the 2007-2008 school year!

Cancer is a disease that has profound effects on everyone; it is pervasive and touches all of our lives. For some, it is a lifelong struggle that may defeat the body but not the spirit. It is a disease which we have a common goal to fight.

USAC's four principles of education, prevention, fundraising, and support serve as a guide for our variety of events throughout the year. Despite advances in research and prevention information, cancer continues to be the second leading cause of death in America. The American Cancer Society (ACS) estimates that a staggering **1,500 Americans will die of cancer each day** this year. So what can you do to help? What can be done to fight these statistics?

GET INVOLVED!!! Becoming a USAC member you have the potential to make a difference in someone's life. Thank you for joining us and I look forward to volunteering with you throughout the year. "Learn to Live. Live to Save."

Yours truly,
Kelsey Collins
USAC President

MEET OUR 2007-2008 OFFICERS

VICE PRESIDENT

Alena Smalligan

Junior

Hometown: East Grand Rapids, MI

Major: Business

SECRETARY

Alana Otto

Senior

Hometown: Fort Dodge, IA

Major: Chemistry

TREASURER

Mitchell Zoerhoff

Senior

Hometown: Grand Rapids, MI

Major: Business

DID YOU KNOW???

- ⇒ Men have a 1 in 2 lifetime risk of cancer, for women, it's 1 in 3.
- ⇒ Cancer is the second leading cause of death in the U.S., accounting for nearly 23% of all deaths annually.
- ⇒ A cancer checkup is recommended every 3 years

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USAC COMMITTEES

LUNGEVITY: Jeff and Yelena

Lungevity is a non-profit organization that is dedicated to Lung Cancer research. As a USAC committee we work to raise awareness of lung cancer, break common misconceptions of the disease, and raise money for research. Our main event is a Walk-a-thon in April which has occurred the last 3 years and raised over \$60,000. November is Lung Cancer Awareness month so we will be having an event to raise awareness and kick-off our Spring walk. A great way to get involved with this committee is to help plan the walk, attend the kick-off event, or be a team captain, individual walker or volunteer for the walk-a-thon.

CHEERS/SUNSHINE: Laurie and Meghan

We meet after every meeting and make crafts for cancer survivors and patients at local hospitals. Projects this year will include bookmarks, Valentine's crafts, and many more. Stay after the meetings and earn an active member point !!

RONALD MCDONALD HOUSE: Kate and Rachel

We will be having one cook date per month at Ronald McDonald House, which is a place where the families of kids who are in the hospital can stay for a minimum cost. We plan, cook and clean up from the meal in addition to talking with the guests while we eat. It is amazing to see the grateful faces of the adults and children who we are serving and they appreciate our commitment. If you would like to join us, we will be sending out an email a few days before each event with details and you can reply to let us know if you are interested. If you have any questions, please feel free to contact us!

SMOKEOUT: Jessica and Mary

The Great American Smokeout is an annual event that encourages smokers across the nation to quit smoking for a day on the third Thursday of November. We will be encouraging smokers on campus to kick their habit with an informational but fun day on the Diag and will be providing them with the resources to help them quit.

CANCER AWARENESS WEEK (CAW): Lexie, Katie M., Katie S., and Jazmin

Cancer Awareness Week is an annual week-long spring event dedicated to promoting awareness and raising money for several charities, including Special Days Camp, the Comprehensive Cancer Center and the Pancreatic Cancer Action Network. Events in the past have ranged from Bar Nights, Restaurant Days, Fashion Shows, Candlelight Vigils, Band Nights, Bone Marrow Registries, Art Exhibits, Diag Days, and Bowling Nights. Sub-chairs are appointed to head each event, helping us to better organize and publicize. We're hoping to add new and exciting events to CAW this year and are open to any comments or suggestions you may have! Applications will be e-mailed out and interviews for CAW sub-chair positions will begin Tuesday, October 2. If you're a motivated individual looking to become more involved in USAC, this is the perfect opportunity! If you have any questions please e-mail the CAW chairs at cawchairs0708@umich.edu.

FUNDRAISING: Lisa

The fundraising committee's primary goal is to plan events to raise money for USAC. The committee members will have the opportunity to create and participate in a variety of fundraisers throughout the year. This committee allows for great involvement within USAC as members can express their own ideas for involvement. Through a variety of planning, organizing, and funding, the fundraising committee is great way for USAC members to take an active role in the club.

ELEMENTARY OUTREACH: Ashlea and Ross

Roughly twice a month, a group of 2-4 students make their way to local Ann Arbor Elementary schools to teach them about the harmful effects of tobacco. We (U of M students) facilitate fun activities for 1st to 5th graders. The kids are always excited and eager to participate. The entire session lasts about 45 minutes to an hour from arrival to leaving. This is a great committee to get involved with for anyone who enjoys kids or is thinking about teaching, but anyone can do it. No prior knowledge of any kind is required to get involved. Transportation is provided.

HISTORIAN: Jessica

The goal of the historian is to collect pictures from all of our events throughout the year. The pictures will be compiled into a scrapbook showcasing all of USAC's accomplishments during the 07-08 school year. They will also be presented at the monthly mass meetings to update our members on recent USAC activities. All USAC members are encouraged to help take pictures or contribute their creativity to the scrapbook.

ATHLETIC COMMITTEE: Amber and Amanda

One of the events we participate in is the Leukemia and Lymphoma Society's Light the Night Walk. This is a great opportunity to help raise money for research for leukemia, lymphoma, and myeloma and provides education and services for patients and their families. We also participate in the American Cancer Society's Relay for Life in early April. This is an overnight event to help spread awareness of cancer prevention, treatments, celebrate survivorship, and raise money for research to find more cures for cancer. We can also help you register for the Leukemia and Lymphoma Society's Team in Training or answer any questions you may have.

SKIN CANCER AWARENESS: Taylor and Cynthia

The Skin Cancer Awareness Committee is starting to prepare for our annual "Don't Get Burned at Break" which occurs right before U of M students hit the beaches for spring break. We try to emphasize the importance of using sunscreen. Students can still have "Fun in the Sun" but should protect themselves from the damaging rays. Our message is crucial since Skin Cancer is the most common form of cancer in the United States. We are always striving for new ideas and lots of help as we try to make this extremely successful.

BREAST CANCER AWARENESS: Sarah and Laura

As one of the earlier events in USAC, the biggest focus for the BCA committee is the 3 mile Making Strides Against Breast Cancer walk! The walk this year is at Gallup Park on Saturday, October 20, 2007. This is an easy and not so time-consuming way to get involved early with USAC before everyone gets too busy with exams later on in the semester.

LOCKS OF LOVE: Maggie

This committee works with the Lock of Love organization, which is an organization that makes wigs for chemotherapy patients from human hair that people donate. The committee works at getting local salons to offer discounts and collects the hair that people are donating. We also work towards publicizing the organization more on campus.

UPCOMING EVENTS!!!

- The athletic committee has the Light the Night walk coming up Friday, October 5th. The event will take place at Gallup Park. We are looking for volunteers to help out at the Walk and also to fundraise beforehand. To sign up on the USAC team please visit <http://teams.lightthenight.org/USAC>.
- OCTOBER is Breast Cancer Awareness month!! Monday, October 8th will be the official day that the BCA committee will be out on the Diag supporting Breast Cancer Awareness month and getting people to join our Making Strides Against Breast Cancer team. See Breast Cancer Awareness committee for more information on how to get involved!
- Making Strides Against Breast Cancer walk is Saturday, October 20, 2007. The walk is 3 miles and is taking place at Gallup Park in Ann Arbor. The walk starts at 9a.m. See Breast Cancer Awareness committee for how to sign up to be on the USAC team!

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BOARD CONTACT INFO

EXEC BOARD

Kelsey Collins, kelslynn
Alena Smalligan, alenaks
Alana Otto, alanako
Mitchell Zoerhoff, zoerhoff

WEBMASTER

Mark Hodges, hodgesm

CANCER AWARENESS WEEK

Lexie Mitter, amitter
Katie McMahan, mckather
Jazmin Munoz, jazminm
Katie Scheich, schkatie

CHEERS/Sunshine

Laurie Ortega, laurtega
Meghan Beach, beachme

PUBLICITY

Yunzhi Huang, winhyz

LOCKS OF LOVE

Maggie Shapiro, mashapi

HISTORIAN

Jessie Petrella, jessp

LUNGevity

Jeff Cheek, cheek,
Yelena Adelman, yelz

FUNDRAISING

Lisa Klein, lcklein

RONALD MCDONALD

Kate Zahn, kmzahn
Rachel Wilson, rlwilson

ATHLETIC COMMITTEE

Amber Bloomer, amberbl
Amanda King, kamanda

SMOKEOUT

Mary Meram, mkme
Jessica Huang, jesswh

ELEMENTARY OUTREACH

Ross Pysh, rpysh
Ashlea Surles, ajsurles

BREAST CANCER AWARENESS

Sarah Stevens, sarahts
Laura Bourdon, lbourdon

SKIN CANCER AWARENESS

Taylor Danahey, tdanahey
Cynthia Chen, cynchen

MEETING DATES THIS FALL...

9/19/07 Wolverine 8 p.m.
9/25/07 Anderson 8 p.m.
10/23/07 Anderson 8 p.m.
11/20/07 Anderson 8 p.m.
12/11/07 Pond 8 p.m.

Visit our website @
www.umich.edu/~usac/ to
find our more about our
committees and events!

USAC QUICK FACTS

E-BOARD OFFICE HOURS:

Kelsey — Monday 11-1
Alena— Thursday 10:15-11:15
Alana— Wednesday 2-3
Mitchell — Tuesday 1:30-2:30

Visit the USAC office at
4134 of the Union!

