

University Students Acting Against Cancer

08-09 Academic Year
Issue No. 3

Newsletter

November, 2008



Did You Know?

- Lung cancer is the **leading cause of cancer deaths** in the United States.
- Approximately **50%** of the people diagnosed with lung cancer have **never** smoked or are **former** smokers.
- Lung cancer accounts for approximately **29%** of all cancer deaths.
- Lung cancer kills **more Americans** each year than breast, prostate, colorectal, and pancreatic cancers **combined**.
- During 2008, there will be about **215,020 new cases** of lung cancer (114,690 among men and 100,330 among women).
- Lung cancer kills **84%** of newly diagnosed patients within five years. The survival rate is **49%** for cases detected when the disease is localized to the lung, but only **16%** of lung cancers are diagnosed that early.

A Letter from our Lung Cancer Awareness Committee

Hello everyone!

As you know, November is Lung Cancer Awareness Month. Our first event of the month will be the **Smokeout** on the Diag on Thursday, November 20th from 9am to 3pm. We will have a raffle, quit kits, free food, information regarding smoking and lung cancer, and various other activities. If you would like to help us out on the diag on that day, please come talk to us after the meeting. We are also looking for volunteers to chalk and flyer on Nov. 17th, 18th, and 19th. Let us know if you would be interested in that as well.

This Thursday, Nov. 13th (**Tomorrow!!**), we will be having a **banner-coloring night** from 6-8pm in the Tap room of the Union. The banner will be displayed on the Diag during the Smokeout. **Free food** will be provided. Make sure to come join us, it will be a lot of fun!

Finally, the Kick-off event for the April 2009 "**Find Your Breath**" **LUNgevity Walk** will be held on Nov. 23rd from 3-5pm in the home of Amelie Pandraud. We will have Dr. Kalemkerian from the UM Hospital speak to us about the Walk and lung cancer. This is a great opportunity to learn more about the walk, meet past team captains, and to get to know other USAAC members better. Refreshments will be provided. For more information about the event location and other details, please email us or come talk to us. Be sure to RSVP by email if you plan on attending.

Thanks!

Amelie Pandraud
Ayako Ushiku



Check Out More Committees' Updates on The Other Side!



In October...

October is **Breast Cancer Awareness Month**. On Saturday, October 18, **Breast Cancer Awareness Committee** had the Making Strides Against Breast Cancer Walk. It was a huge success, raising over \$307,000 with 3,800 walkers. Thanks to everyone who participated and helped to make the event as great as it was!

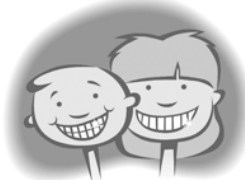


Our Other Fun-filled Committees!!

American Cancer Society's Relay for Life will be on April 4th to April 5th 2009 at Palmer Field. This is a fun-filled overnight event designed to celebrate survivorship and raise money to help the American Cancer Society. These funds go towards research and programs for patients and their families. To register: Go to www.mrelay.org, search for Team USAAC and click Join. More information on this event and fundraising will come in the future. If you have any ideas or questions please contact **Athletic Committee** co-chairs Amanda King, kamanda@umich.edu, or Anne Bowlby, abowlby@umich.edu.



Cheers and Sunshine will be meeting right after the meeting to make inspirational bookmarks for patients at the University of Michigan Cancer Center. Please stay and earn a point. We also will be having a "get-to-know" the members of USAAC meeting on November 18. We will meet at the Starbucks on State St from 4:30-5:30. It will be a time to talk to other members about cancer and why they joined USAAC.



Cancer Awareness Week 2009 will take place from March 9th to the 15th. Congratulations to our new sub-chairs! The events of the week will be Diag Day, Bone Marrow Registry, Talent Show, Fashion Show, Band Night/Bar Crawl, Art Exhibit and Candlelight Vigil. There are still ways to get involved in planning CAW, so please contact Cawchairs0809@umich.edu if you are interested or want more information.

The Skin Cancer Awareness committee is working on getting a speaker to come and speak about the dangers of skin cancer. Look out for that soon! We are also starting to get plans for the Diag Day next semester underway. We're hoping to make it bigger and more exciting this year so please let us know if you have any ideas!



Questions? More Details? Contact Us!!

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