

Technical Description:

1. Connect where ever your torsos touch.
2. Leader and follower maintain the same pressure regardless of the step (eg. Forward, Back, Side)
3. Leader and Follower hold their postures strong while easily turned and moved

Metaphor:

1. One torso with four legs.
2. Leader can pretend they are pushing a shopping cart with the bar at ankle level. If the leader goes with their foot first, they will hit their ankle on the bar.
3. Follower can pretend that they are trying to push something forward but it keeps pushing them backward.

Argentine Tango

Close Embrace Connection



