

Students for Jamaica

2007-08 Annual Report



Students for Jamaica
Office of Student Programs
University of Michigan Medical School
C-5124 Medical Science Building 1
1301 Catherine Street
Ann Arbor, MI 48109-0611

21 July 2008



Students for Jamaica
Blue Mountain Project
2008 Annual Report



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July 10, 2008

Dear Friends,

I am pleased to be writing you with such good news: the 2007-08 Students for Jamaica humanitarian program was a great success! With your help, we were able to complete our service work in the rural community of Hagley Gap, Jamaica with tremendous results. Our students, faculty and participants had an enriching and wonderful experience, and our colleagues in Jamaica were very thankful for our efforts.

In 2007-08 Students for Jamaica greatly expanded the scope of our project. In order to better serve the Hagley Gap community, this year Students for Jamaica was a multi-disciplinary team comprised of three core groups: the medical team, the engineering team, and the business team, all of which contained students from the University of Michigan system. With a combined total of over 25 participants, members of the group traveled between January and May to contribute to our efforts.

While in Hagley Gap, each team accomplished substantial work. The medical team saw nearly 1,000 patients in health clinic, and they donated \$15,000 in medical supplies and medicines to the nursing staff there. The engineering team planned the details for the upcoming 2008-09 reconstruction of the town bridge, in addition to designing a future water purification system for the town (to be installed in 2009). The business students developed and secured provisional agreement with local farmers to sell unutilized mangos to CanCo Ltd, a Caribbean-based food distributor.

These are exciting developments for us, as we have already made great progress since our founding in 2006. And we plan to continue to grow as an organization: for the 2008-09 season, we will not only continue with these three core areas but also establish a dental program to provide free dental care to the residents of Hagley Gap. As before, our humanitarian work will continue to be coordinated through the Blue Mountain Project, a U.S. 501(c)(3) organization that operates in the Hagley Gap area.

Our group budget for 2007-08 totaled over \$37,000: an impressive sum for an organization that has not yet two years old. I take this as a sign that we are on the right track. Our efforts are focused, our participants are motivated, and our programs are growing. In fact, with the addition of the dental team, in the upcoming year we expect our budget to increase to nearly \$43,000!

Included with this letter is a detailed account of our organization's work during the 2007-08 season, our goals for 2008-09, and detailed budgets for both. We are very grateful for your help and assistance as we grow as an organization. Your continued support is essential for us, as we gear up for a packed 2008-09 season. We hope that you enjoy reading our report, and I thank you very much for your support for Students for Jamaica.

Respectfully,

John Prensner
President, Students for Jamaica
Office of Student Programs
University of Michigan Medical School
C-5124 Medical Science Building I
1301 Catherine Street, Ann Arbor, MI, 48109-0611

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Participants

Student Participants:

- **University of Michigan Medical School:** Andy Admon, M1; Andrew Heling, M1; Julie Heringhausen, M1; Lydia Josephs, M4; Milton Little, M4; Andrea Maxwell, M1; Ben Mervak, M1; Matthew Meunier, M4; Caroline Watnick, M1; Elizabeth Wang, M1; Nate Wilson, M1; Andrea Zepeda, M4
- **University of Michigan College of Engineering:** Michael Berger, Brennan Crispin, Laura Emig, Kevin Parrott, Daniel Sperber, Mike Wellman
- **University of Michigan Ross School of Business:** Falguni Mehta, Meghan Herwehe, Matthew Schaar, Shannon Ross, Shara Senior, Swapnil Deopurkar

Physician Participants:

Donald Nease, MD; Amanda Kauffman, M.D.; Beth Dowell, M.D.; Chris Firn, Medical Assistant

Introduction and Background

Hagley Gap, Jamaica

Hagley Gap, a community of about 3,000 people, is located in the Blue Mountains of Jamaica, a 3 hour drive from the capital of Kingston. Nestled amongst mountain peaks 7,000 feet above sea level, Hagley Gap is a relatively isolated town, as the roads leading to the community are serpentine and unpaved. These infrastructural difficulties have been compounded by recent hurricanes in 1999 and 2007 which also damaged the town's water piping, causing the town to use the local river as both a source of drinking water and the sewer system.

Overall unemployment in Hagley Gap may reach as high as 50%. Of those who have jobs, coffee and mango farming provide the major sources of income. Yet despite coffee selling for \$35/pound, many of the local farmers earn only \$10-\$20/day. Many other residents trek hours to Kingston to work in factory jobs, though the national unemployment rate remains similarly high at 10%. Due to the high number of unemployed people, the overall average income for the community is approximately \$100/month/person.

The Blue Mountain Project

Since 2004 the Blue Mountain Project (BMP), a U.S. 501(c)(3) nonprofit organization, has been promoting sustainable community development to the community of Hagley Gap. A service organization, the BMP is committed to enriching the lives of rural Jamaican communities by providing assistance with basic healthcare, educational resources, and training opportunities.

In 2006, the organization opened a free healthcare clinic that has become the primary healthcare facility for many local residents. Staffed year-round by a local nurse, the clinic offers basic services such as health checkups, wound cleaning, blood pressure checks, blood sugar testing, mental health counseling and public health education.

The Blue Mountain Project also offers education programs for children, including English tutoring, and will be sending two promising students to an American university on a full scholarship.

Students for Jamaica began to work with the Blue Mountain Project in 2006.

Previous Work by University of Michigan Students

Students for Jamaica was founded in 2006 by students at the University of Michigan Medical School seeking to contribute to the Blue Mountain Project's health clinic at Hagley Gap. After establishing a relationship with BMP, the first UMMS group, comprised of twelve students and one physician, spent a week in March 2007 in Hagley Gap, treating 150 patients and donating nearly \$10,000 worth of pharmaceutical drugs and medical supplies to the health clinic.



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Since these initial efforts, the group has established a month-long period for physicians and fourth-year medical students to work in Hagley Gap, and UMMS has also collaborated with the Northwestern University Feinberg School of Medicine to increase sustainability at the health clinic. In addition to medical personnel, the 2007-08 year saw Students for Jamaica incorporate students from the University of Michigan School of Engineering and Business School, to work on bridge construction and the development of a business plan for the Hagley Gap community.

2007-08 Goals and Progress

This year, University of Michigan students came to Jamaica to accomplish five goals:

- 1) Provide the health clinic with necessary medical supplies and drugs to allow the clinic to provide uninterrupted care for the next six months until the Northwestern University trip would be able to replenish supplies.
- 2) Staff the health clinic for a week, identifying and treating as many local community members' health concerns as possible.
- 3) Educate local elementary school students on topics including basic health, nutrition, and water sanitation.
- 4) Survey the site for optimal bridge placement and design.
- 5) Survey the community to develop an economic plan for the community.

Below is a summary of our progress.

Clinical Medicine

In total, twelve UMMS students, three physicians and one physician's assistant staffed the Hagley Gap health clinic for the duration of February 11 – March 9, 2008. Working with a local nurse, these students and faculty spent three days a week working at the clinic, providing healthcare for residents of the Hagley Gap community.

The UMMS group also brought to the clinic much needed medical supplies, including drugs for blood pressure, diabetes and sexually transmitted diseases (STDs). The clinic was structured such that less experienced first-year medical students were coupled with fourth-year medical students, who then worked with the attending physician. Medical students contributed both to triage care, including evaluating patients' heart rate, blood pressure, blood sugar levels, and to patients' physical exam, history taking, diagnostic evaluation and medical workup. A physician was then consulted for each patient in order to formulate appropriate treatment plans.

The medical students saw patients for three days out of the week that they were in the community, seeing nearly 1000 patients, logging over 850 person-hours in the clinic, and donating \$15,000 in pharmaceuticals and medical supplies. Frequent diagnoses included: physical trauma, tinea capitis, hypertension, diabetes mellitus, erectile dysfunction, allergies, STDs (including bacterial vaginosis, herpes, gonorrhea, yeast infections, and chlamydia), gastritis, hypoglycemia, and tinea cruris.

Education

Members of Students for Jamaica also went to local kindergartens, elementary schools and middle schools to teach children about basic health tips. Topics taught included hygiene, nutrition, information about the body, respect for others, and water sanitation. In total, we taught about 9 classes for a total of approximately 225 students. In addition, medical students spent one night teaching teenage boys about sexual practices and STDs. During this time, we addressed issues such as unintended pregnancies, STDs, and masturbation, and we provided instruction to facilitate safe sexual practices, including the dangers of sexual abuse and the importance of treating one's partner with respect.



Graphic 1: Local children at the Hagley Gap health clinic.



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Graphic 2: Members of the 2008-09 Students for Jamaica medical team.

Bridge Surveying

Six students from the University of Michigan College of Engineering spent, in total, six weeks in Hagley Gap, assessing the town's infrastructural needs. Their work, coordinated through the engineering student group BLUELab, focused on two main projects: reconstruction of the community's central bridge and installation of a water purification system. The Yallahs River crossing is a vital access point for both transportation and the delivery of food and supplies to Hagley Gap. The current bridge across the river is in great need of repairs, and the U-M team spent time surveying the site and determining the types and quantities of materials that will be needed to rebuild the bridge. Their proposal plans for a new bridge, rising 20 feet high and spanning 120 feet across the riverbed. Completion of this project will permit access to and from the community throughout the year and will be critical during the hurricane season, when the

river can flood. The engineering team is currently working with graduate students and faculty at U-M to finalize the bridge's design before beginning construction in 2009.

In addition, the engineering team spent considerable time designing a water purification system for Hagley Gap's neighborhoods, many of which have no water piping system at all. The team tested eight local water sources for contamination (particularly hydrogen sulfide-producing bacteria) and developed a system for local water stations to be available in Hagley Gap's neighborhoods. Installation of the purification systems, which will use Bio-Sand filters, will begin in 2009. At the same time, the engineers concluded that rainwater was the cleanest water source currently available to the community, and students spent time explaining to the community the importance of clean water.

Community Economic Development

Six students from the University of Michigan Ross School of Business traveled to the community for a week in March and also three weeks from April 27 to May 20 to work on economic development for the region. The business team, coordinated through the business group, the Emerging Markets Club, determined that economic development in Hagley Gap would best proceed by commercial marketing of the mangos that grow there. The team spoke to and met with dozens of Caribbean-based food companies, and they secured a provisional two-year agreement with CanCo Limited, a local food company, to purchase Hagley Gap mangos, after which BMP hopes to begin construction on a small processing plant for the community's produce.

The business team further laid the foundation for a locally run community collective to manage the mango crop and any subsequent profit. The group will be headed by leaders elected on a yearly basis. The business team plans to conduct twice yearly trips to Hagley Gap to continue to monitor this venture and assist in economic development in the region.



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Graphic 3: Students for Jamaica business plan for Hagley Gap.

ACTIVITIES	2008		2009				2010	
	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2
EMC Team Submits Recommendation to BMP	Blue							
Establishing Key Marketing and Logistics Contacts		Yellow						
Develop New LOE for 2009 EMC Team			Green					
External On-Demand Consulting for BMP	Blue	Blue	Blue	Blue				
Independent Surveying of Mango Resources in HG	Yellow	Yellow			Yellow			
EMC Team Visits Hagley Gap for Initial Business Setup				Green				
Pilot Program Launch ('mock factory' and supply chain)				Yellow	Yellow			
Pilot program debrief and assessment					Green	Green		
Selection of 2010 EMC Team					Blue			
Develop New LOE for 2010 EMC Team						Green	Green	
Tentative 2010 Visit								Green

Blue = Emerging Markets Club Task
 Yellow = Blue Mountain Project Task
 Green = Joint Task

2007-08 Budget

A detailed 2007-08 budget, in addition to a prospective 2008-09 budget, can be found in Appendices A-C.

Future Plans 2008-09

Health Program

In the 2008-09 season, the medical team has the following goals:

1. See 1,000 patients at the Hagley Gap health clinic during the month-long February – March 2009 trip involving 8 – 10 first-year medical students, 4 fourth-year medical students, and supervising physicians.
2. Donate \$20,000 worth of pharmaceuticals and medical supplies.
3. Incorporate a dental team of 4 – 5 students and faculty from the University of Michigan Dental School to provide dental care for the community of Hagley Gap.
4. Conduct community education on health concerns such as STDs, nutrition, diabetes, and hypertension.

Engineering Program

In the 2008-09 season, the engineering team has the following goals:

1. Execute a return trip involving 4 – 8 University of Michigan Engineering students for one week during February 2009 and a second trip of 2 – 4 students for three weeks during May 2009.
2. Begin construction of the Hagley Gap bridge across the Yallahs river.
3. Install 4 – 5 local water purification systems in Hagley Gap neighborhoods.
4. Assess the status of the water system in Penlyne Castle, a nearby town.

Economic Program

In the 2008-09 season, the business team has the following goals:



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1. Develop and monitor the commercial sale of Hagley Gap produce to Canco Limited.
2. Monitor and consult with the local Hagley Gap farmers co-operative who will receive the profits of arrangement with CanCo Limited.
3. Identify and meet with local, Jamaican business students or groups to involve them in this project.

Appendix A

Students for Jamaica Budget 2007-2008 (projected)

EXPENDITURES (estimated)		# of participants	# of days	Total Cost
Travel:				
Airfare per person	\$550.00	28		\$15,400.00
Handling Charge	\$10.00	28		\$280.00
Ground Transportation	\$400.00			\$400.00
Room and Board per person per day	\$50.15	10	7	\$3,510.50
	\$50.15	11	14	\$7,723.10
	\$49.00	7	30	\$10,290.00
TOTAL TRAVEL COSTS				\$37,603.60
Supplies				
Construction Supplies	\$1,000.00			\$1,000.00
Medical Supplies from World Medical Relief redistribution center purchased through University of Michigan hospital system	\$900.00 \$2,600.00			\$900.00 \$2,600.00
TOTAL SUPPLY COSTS				\$4,500.00
Other Costs				
Website design	\$200.00			\$200.00
Fundraising outlay (t-shirt production)	\$400.00			\$400.00
Donation to Blue Mountain Project	\$500.00			\$500.00
TOTAL OTHER COSTS				\$1,100.00
TOTAL EXPENDITURES				\$43,203.60
INCOME (anticipated)				
Letter Drive	\$4,500.00			\$4,500.00
Bar Night	\$1,500.00			\$1,500.00



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Student Alliance for Global REACH	\$4,000.00			\$4,000.00
Dodgeball tournament	\$300.00			\$300.00
Carry-over income from 2006-07	\$900.00			\$900.00
TOTAL ANTICIPATED INCOME:				\$11,200.00
PERSONAL CONTRIBUTION				
Personal contribution per person	\$400.00	10		\$4,000.00
	\$700.00	11		\$7,700.00
	\$1,000.00	7		\$7,000.00
TOTAL PERSONAL CONTRIBUTION				\$18,700.00

YEAR BALANCE (estimated)	
Total Income	\$11,200.00
Total Personal Contributions	\$18,700.00
Total Expenditures	\$43,203.60
NET BALANCE	-\$13,303.60

Appendix B

Students for Jamaica Final Budget 2007-2008

MEDICAL PROGRAM

EXPENDITURES		# of participants	# of days	Total Cost
Travel:				
Airfare per person	\$537.00	16		\$8,592.00
Room and Board per person per day	\$56.00	1	14	\$784.00
	\$56.00	3	8	\$1,344.00
	\$56.00	8	8	\$3,584.00
	\$56.00	4	28	\$6,272.00
TOTAL TRAVEL COSTS				\$20,576.00
Other:				
Medical Supplies	\$2,830.00			\$2,830.00
T-shirt production	\$200.00			\$200.00
Administrative	\$250.00			\$250.00
Money transfer to engineering students	\$391.00	6		\$2,346.00
TOTAL OTHER COSTS				\$5,626.00
TOTAL EXPENDITURES				\$26,202.00
INCOME				
		# of participants	# of days	Total Intake
Incoming 2006-07 balance				\$1,540.00
Group fundraising activities				\$1,490.00
Letter drive donations				\$3,420.00
University of Michigan Global REACH funds (U-M)				\$9,600.00
Bridgeway Charitable Foundation				\$4,654.00
TOTAL INCOME:				\$20,704.00
PERSONAL CONTRIBUTION				
Personal contribution per person	\$150.00	8		\$1,200.00
	\$400.00	4		\$1,600.00
	\$900.00	4		\$3,600.00
TOTAL PERSONAL CONTRIBUTION				\$6,400.00



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YEAR BALANCE: MEDICAL PROGRAM				
Total Income				\$20,704.00
Total Personal Contributions				\$6,400.00
Total Expenditures				\$26,202.00
NET BALANCE				\$902.00

BUSINESS PROGRAM

EXPENDITURES: MARCH TRIP		# of participants	# of days	Total Cost
Airfare per person	\$420.00	4		\$1,680.00
Transportation	\$277.50			\$277.50
Lodging (outside of Kingston)	\$9.00	4	3	\$108.00
Lodging (in Kingston)				\$183.00
EXPENDITURES: MAY TRIP				
Airfare per person	\$345.00	3		\$1,035.00
Transportation	\$340.00			\$340.00
Lodging	\$16.00	3	20	\$960.00

TOTAL EXPENDITURES				\$4,583.50
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INCOME		# of participants	# of days	Total Intake
University of Michigan Ross School of Business funds				\$2,000.00
Group fundraising activities				\$700.00
TOTAL INCOME:				\$2,700.00

PERSONAL CONTRIBUTION

Personal contribution per person	\$314.00	6		\$1,884.00
TOTAL PERSONAL CONTRIBUTION				\$1,884.00

YEAR BALANCE: BUSINESS PROGRAM

Total Income				\$2,700.00
Total Personal Contributions				\$1,884.00
Total Expenditures				\$4,583.50
NET BALANCE				\$0.50

ENGINEERING PROGRAM

EXPENDITURES		# of participants	# of days	Total Cost
Travel:				
Airfare per person	\$300.00	2		\$600.00
	\$538.00	\$4.00		\$2,152.00
Room and Board per person per day	\$19.00	2	42	\$1,596.00
	\$57.00	4	7	\$1,596.00
Travel health insurance	\$13.00	4		\$52.00
Water testing equipment and supplies	\$454.00			\$454.00
TOTAL EXPENDITURES				\$6,450.00

INCOME		# of participants	# of days	Total Intake
Univeristy of Michigan Grant funds				
Ginsberg Foundation (U-M)				\$1,000.00
Graham Environmental Sustainability Insistute (U-M)				\$2,500.00
Michigan Student Assembly (U-M)				\$390.00
University of Michigan Engineering Council (U-M)				\$246.00
Bridgeway Charitable Foundation				\$2,346.00
TOTAL INCOME:				\$6,482.00

PERSONAL CONTRIBUTION

Personal contribution per person	\$700.00	2		\$1,400.00
	\$300.00	4		\$1,200.00
TOTAL PERSONAL CONTRIBUTION				\$2,600.00



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YEAR BALANCE: ENGINEERING PROGRAM				
Total Income				\$6,482.00
Total Personal Contributions				\$2,600.00
Total Expenditures				\$6,450.00
NET BALANCE				\$2,632.00

STUDENTS FOR JAMAICA: TOTAL 2007-08 BUDGET		
	Expenditures	Income & Contributions
Medical Program	\$26,202.00	\$27,104.00
Business Program	\$4,583.50	\$4,584.00
Engineering Program	\$6,450.00	\$9,082.00
TOTAL: 2007-08	\$37,235.50	\$40,770.00

NET BALANCE: 2008-09	\$3,534.50
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Appendix C

Students for Jamaica Projected Budget 2008-2009

MEDICAL PROGRAM

EXPENDITURES (estimated)		# of participants	# of days	Total Cost
Travel:				
Airfare per person	\$550.00	15		\$8,250.00
Additional airfare luggage fees	\$200.00			\$200.00
Room and Board per person per day	\$56.00	8	8	\$3,584.00
	\$56.00	4	28	\$6,272.00
	\$56.00	3	8	\$1,344.00
Medical Supplies	\$3,000.00			\$3,000.00
T-shirt production	\$200.00			\$200.00
Administrative	\$250.00			\$250.00
TOTAL EXPENDITURES				\$23,100.00

INCOME (estimated)		# of participants	# of days	Total Intake
Incoming 2006-07 balance				\$1,750.00
Group fundraising activities				\$1,500.00
Letter drive donations				\$3,000.00
University of Michigan Global REACH grant funds				\$9,000.00
TOTAL INCOME:				\$15,250.00

PERSONAL CONTRIBUTION

Personal contribution per person	\$200.00	8		\$1,600.00
	\$500.00	4		\$2,000.00
	\$1,000.00	3		\$3,000.00
TOTAL PERSONAL CONTRIBUTION				\$6,600.00

PROJECTED BALANCE: MEDICAL PROGRAM

Total Income				\$15,250.00
Total Personal Contributions				\$6,600.00
Total Expenditures				\$23,100.00
NET BALANCE				-\$1,250.00

DENTAL PROGRAM

EXPENDITURES (estimated)		# of participants	# of days	Total Cost
Airfare per person	\$550.00	5		\$2,750.00
Room and Board per person per day	\$56.00	5	8	\$2,240.00
Dental Supplies	\$1,000.00			\$1,000.00



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Administrative	\$150.00			\$150.00
TOTAL EXPENDITURES				\$6,140.00
INCOME (estimated)				
		# of participants	# of days	Total Intake
Group fundraising activities				\$750.00
Letter drive donations				\$750.00
TOTAL INCOME:				\$1,500.00
PERSONAL CONTRIBUTION				
Personal contribution per person	\$300.00		5	\$1,500.00
TOTAL PERSONAL CONTRIBUTION				\$1,500.00
PROJECTED BALANCE: DENTAL PROGRAM				
Total Income				\$1,500.00
Total Personal Contributions				\$1,500.00
Total Expenditures				\$6,140.00
NET BALANCE				-\$3,140.00

BUSINESS PROGRAM

EXPENDITURES: MARCH TRIP (estimated)		# of participants	# of days	Total Cost
Airfare per person	\$550.00		3	\$1,650.00
Transportation	\$200.00			\$200.00
Lodging (outside of Kingston)	\$10.00		3	\$210.00
Lodging (in Kingston)				\$200.00
EXPENDITURES: MAY TRIP (estimated)				
Airfare per person	\$550.00		3	\$1,650.00
Transportation	\$200.00			\$200.00
Lodging	\$30.00		3	\$1,800.00
TOTAL EXPENDITURES				\$5,910.00
INCOME (estimated)				
		# of participants	# of days	Total Intake
University of Michigan Ross School of Business funds				\$2,000.00
Group fundraising activities				\$1,000.00
TOTAL INCOME:				\$3,000.00
PERSONAL CONTRIBUTION				
Personal contribution per person	\$300.00		6	\$1,800.00
TOTAL PERSONAL CONTRIBUTION				\$1,800.00
PROJECTED BALANCE: BUSINESS PROGRAM				
Total Income				\$3,000.00
Total Personal Contributions				\$1,800.00
Total Expenditures				\$5,910.00
NET BALANCE				-\$1,110.00

ENGINEERING PROGRAM

EXPENDITURES (estimated)		# of participants	# of days	Total Cost
Travel:				
Airfare per person	\$550.00		7	\$3,850.00
Room and Board per person per day	\$56.00		5	\$2,240.00
	\$20.00		2	\$1,680.00
Travel health insurance	\$13.00		5	\$65.00
Water purification system supplies	\$150.00			\$150.00
TOTAL EXPENDITURES				\$7,985.00
INCOME (estimated)				
		# of participants	# of days	Total Intake
Incoming 2007-08 balance				\$1,750.00
Group fundraising activities				\$750.00



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University of Michigan Grant funds				\$2,000.00
TOTAL INCOME:				\$4,500.00
PERSONAL CONTRIBUTION				
Personal contribution per person	\$300.00	4		\$1,200.00
	\$500.00	2		\$1,000.00
TOTAL PERSONAL CONTRIBUTION				\$2,200.00
PROJECTED BALANCE: ENGINEERING PROGRAM				
Total Income				\$4,500.00
Total Personal Contributions				\$2,200.00
Total Expenditures				\$7,985.00
NET BALANCE				-\$1,285.00

STUDENTS FOR JAMAICA: ESTIMATED 2008-09 BUDGET		
	Expenditures	Income & Contributions
Medical Program	\$23,100.00	\$21,850.00
Business Program	\$5,910.00	\$4,800.00
Dental Program	\$6,140.00	\$3,000.00
Engineering Program	\$7,985.00	\$6,700.00
ESTIMATED TOTAL 2008-09	\$43,135.00	\$36,350.00
NET BALANCE: 2008-09	-\$6,785.00	