

Question: How large should n (the sample size) be to attain a given power $1 - \beta$ and a given value of α , the Probability of a type I error if we want to detect a specific difference δ from μ_0 ?

Suppose we are considering the following hypothesis testing environment:

$$\begin{aligned} H_0: & \mu = \mu_0 \\ H_1: & \mu \neq \mu_0 \end{aligned}$$

for some value of α .

We then have:

$$\begin{aligned} \text{Power}(\mu_1) &= P(\text{reject } H_0 | \mu_1) \\ &= P\left(\bar{X} < \mu_0 - z_{\alpha/2} \frac{\sigma}{\sqrt{n}} \mid \mu_1\right) + P\left(\bar{X} > \mu_0 + z_{\alpha/2} \frac{\sigma}{\sqrt{n}} \mid \mu_1\right) \\ &= P\left(\frac{\bar{X} - \mu_1}{\sigma/\sqrt{n}} < \frac{\mu_0 - \mu_1}{\sigma/\sqrt{n}} - z_{\alpha/2}\right) + P\left(\frac{\bar{X} - \mu_1}{\sigma/\sqrt{n}} > \frac{\mu_0 - \mu_1}{\sigma/\sqrt{n}} + z_{\alpha/2}\right) \\ &= P\left(Z < \frac{\mu_0 - \mu_1}{\sigma/\sqrt{n}} - z_{\alpha/2}\right) + P\left(Z > \frac{\mu_0 - \mu_1}{\sigma/\sqrt{n}} + z_{\alpha/2}\right) \end{aligned}$$

The first equality is the definition of the power. The second comes from defining the region in which we would reject the null hypothesis for the two-sided hypothesis test.

This is simply when $\bar{X} < \mu_0 - z_{\alpha/2} \frac{\sigma}{\sqrt{n}}$ or $\bar{X} > \mu_0 + z_{\alpha/2} \frac{\sigma}{\sqrt{n}}$. The third equality comes

from subtracting the mean under the alternate hypothesis (μ_1) and dividing by the standard deviation of the sample mean under the alternate hypothesis (σ/\sqrt{n}). The fourth equality comes from realizing that, under the alternate hypothesis, the quantity $\frac{\bar{X} - \mu_1}{\sigma/\sqrt{n}}$ is a standard Normal variate.

Now suppose that $\mu_1 = \mu_0 + \delta$ or $\mu_0 - \mu_1 = -\delta$. We then obtain

$$\begin{aligned}
Power(\mu_1) &= P\left(Z < \frac{\mu_0 - \mu_1}{\sigma/\sqrt{n}} - z_{\alpha/2}\right) + P\left(Z > \frac{\mu_0 - \mu_1}{\sigma/\sqrt{n}} + z_{\alpha/2}\right) \\
&= P\left(Z < \frac{-\delta}{\sigma/\sqrt{n}} - z_{\alpha/2}\right) + P\left(Z > \frac{-\delta}{\sigma/\sqrt{n}} + z_{\alpha/2}\right) \\
&= P\left(Z < \frac{-\delta}{\sigma/\sqrt{n}} - z_{\alpha/2}\right) + P\left(Z < \frac{\delta}{\sigma/\sqrt{n}} - z_{\alpha/2}\right)
\end{aligned}$$

The first equality is just a repeat of the final equality above. The second comes from substituting $\mu_0 - \mu_1 = -\delta$ into the probability statements in the first line. The third comes from realizing that for the normal distribution, the probability that a standard Normal random variable exceeds any value θ is the same as the probability that the standard Normal random variable is less than $-\theta$.

Now we can approximate this by noting that

$$\begin{aligned}
&\text{if } \delta > 0 \text{ then } P\left(Z < \frac{-\delta}{\sigma/\sqrt{n}} - z_{\alpha/2}\right) \approx 0 \\
&\text{or if } \delta < 0 \text{ then } P\left(Z < \frac{\delta}{\sigma/\sqrt{n}} - z_{\alpha/2}\right) \approx 0
\end{aligned}$$

So for $\delta > 0$, we have

$$\begin{aligned}
Power(\mu_1) &= P\left(Z < \frac{-\delta}{\sigma/\sqrt{n}} - z_{\alpha/2}\right) + P\left(Z < \frac{\delta}{\sigma/\sqrt{n}} - z_{\alpha/2}\right) \\
&\approx P\left(Z < \frac{\delta}{\sigma/\sqrt{n}} - z_{\alpha/2}\right)
\end{aligned}$$

But we also know that the $Power = 1 - \beta = \Phi(z_\beta)$ where $\Phi(x)$ is the cumulative standard Normal distribution evaluated from $-\infty$ up to x , or the probability that a standard Normal random variable is less than or equal to x . Equating the two terms in the statements of the power we have

$$z_\beta = \frac{\delta}{\sigma/\sqrt{n}} - z_{\alpha/2}$$

$$\frac{\delta}{\sigma/\sqrt{n}} = z_\beta + z_{\alpha/2}$$

$$\frac{\delta\sqrt{n}}{\sigma} = z_\beta + z_{\alpha/2}$$

$$\sqrt{n} = \frac{(z_\beta + z_{\alpha/2})\sigma}{\delta}$$

$$n = \left[\frac{(z_\beta + z_{\alpha/2})\sigma}{\delta} \right]^2$$

Thus, we find that the sample size goes up as

- The variability of the underlying data increases (σ goes up)
- The magnitude of the difference that we want to detect goes down (δ decreases).
- The probability of a type I error (rejecting the null hypothesis when it is in fact true) goes down (as α goes down, $z_{\alpha/2}$ goes up)
- The power (probability of rejecting the null hypothesis when it is wrong) goes up. The power goes up when β goes down, which means that z_β goes up.

To give you a feel for how fast n can increase, we have the following table for $\sigma = 10$ and $\delta = 5$

	beta			
alpha	0.2	0.1	0.05	0.01
0.1	25	35	44	64
0.05	32	43	52	74
0.01	47	60	72	97
0.001	69	84	98	127

For $\sigma = 10$ and $\delta = 2$, we get values that are roughly 6.25 times as big (since δ decreased by a factor of 2.5).

	beta			
alpha	0.2	0.1	0.05	0.01
0.1	155	215	271	395
0.05	197	263	325	460
0.01	292	372	446	601
0.001	427	523	609	789

Finally, for $\sigma = 10$ and $\delta = 1$, we get

	beta			
alpha	0.2	0.1	0.05	0.01
0.1	619	857	1083	1578
0.05	785	1051	1300	1838
0.01	1168	1488	1782	2404
0.001	1708	2091	2436	3155

(Note that what is important is the ratio of $\frac{\sigma}{\delta}$ and not their absolute values. Thus, we would get the same results as those shown in the first table if we had used $\sigma = 2$ and $\delta = 1$, for example.)